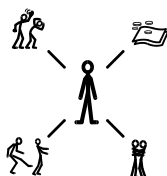


# Nottingham City Vulnerable Adults Plan: 2016 Refresh

## What does Vulnerable Adults mean?



- Adults who need special support from health, social care or other services.
- Adults who are not independent, or who might lose their independence.
- Adults who might be abused, harmed or not properly cared for.

## People who could be Vulnerable Adults:



- People with learning disabilities
- Carers
- People with Mental Health Problems
- People with other disabilities
- Homeless people
- Older people



- Refugees and Asylum Seekers
- People who misuse drugs and alcohol

## What is the plan about?

### The First Vulnerable Adults Plan



The first Vulnerable Adults Plan (VAP) came out in 2012.



It was about how Nottingham City Council, the NHS and providers of services would work together to make people's lives better.

There were 3 big ideas in the plan:



1) Vulnerable adults should have better, safer and happier lives



2) Support for vulnerable adults should be done in a person centered way.

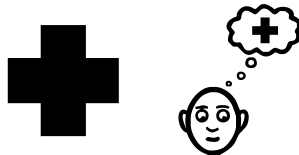


3) Vulnerable adults have choices and control about their lives.

# What problems do Vulnerable Adults have?



Vulnerable adults are more likely to be lonely and be left out.



Vulnerable adults are more likely to have problems with their health and mental health.



Vulnerable adults can find it hard to get a job.



Vulnerable adults can have problems about money.



Vulnerable adults might not be independent or they might lose their independence.



Vulnerable adults can find it hard to get the right support.

# Why do we need a new plan?



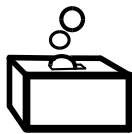
The first plan was about things that happened from 2012 to 2015. A lot has changed since it was written.



The City Council gets money from the Government, to pay for all the services it provides



The Government only gives the City Council half the money to pay for services that it did in 2013.



The City Council still needs to save more money.



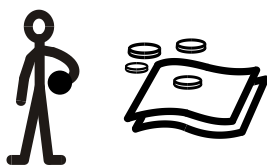
The number of vulnerable adults in Nottingham is going up.



The 2012 plan helped Health and Social Care services to work together better.



It set up projects to help people look after their own health and support.



Personal Budgets helped people get more choice and control.

# What do we think should be in the new plan?



We want to give people more information, so they can make choices about their care.



We will make plans to help people stay independent as long as they can.



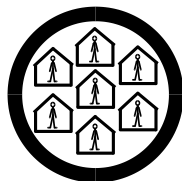
Look at all the parts of people's lives and see what will keep them healthy.



Make sure services like health, care and housing work together well.



Offer people the kind of support that is right for them.



Support the "Looking After Each Other" community project. It helps people stay independent and stops them being lonely.



**Nottingham**  
**City Council**

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