

Nottingham Mencap



- Who we are** Nottingham Mencap are a charity providing care and activities for adults and children with a learning disability
- What we do** A range of day activities including: social groups, catering, IT, arts and crafts and lots more.
- Short breaks Sitting, Befriending and Respite Service.
Weekend and evening services.
- What's new or different?** An increasing focus on social activities and transition work with young people
- Who is it for?** Adults and children with a learning disability
- How to find out more**
- Who to contact?** Amanda Allport
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- Website** www.nottinghammencap.org.uk