

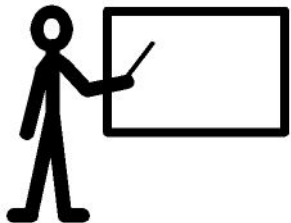
Splat report



This is what we worked on at the Listening Day and Working Group



We want just one report that everyone can understand

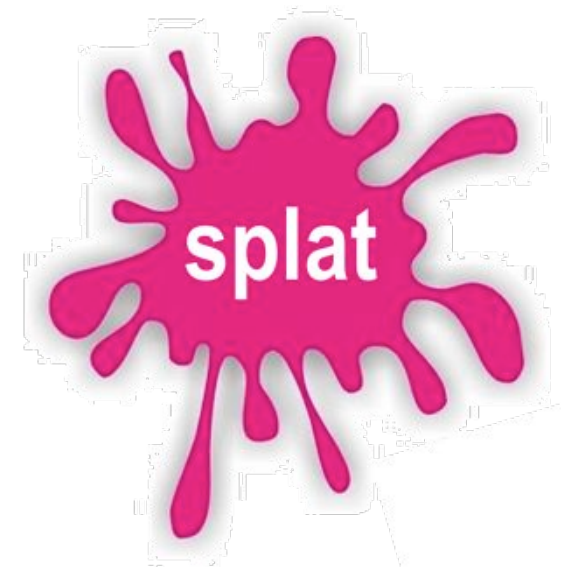


We could use it as a presentation too

SPLAT

and people with Learning Disabilities

ANNUAL REPORT 2015 -16



About Splat



- Splat is the name for Nottingham City Learning Disability and Autism Partnership Board
- Splat stands for **SP**eak **L**isten and **A**ct **T**ogether
- The name and logo were suggested by self-advocates at a Listening Event

We are still not sure about the colour!

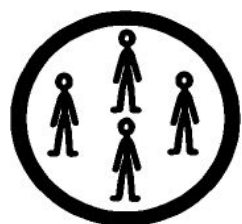
How Splat works



The Splat Board meets every 3 months



Self advocates and carers have a Listening Day 2 months before to talk about the main things on the agenda



Reps from the Listening Day go to a Working Group and decide who will go to the Board meeting and what they should say

But it wasn't always like this!

January 2015

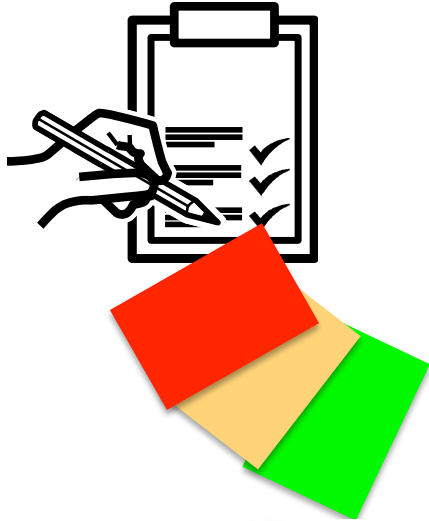
- Last of the Big Board Meetings
- It was very rushed and busy
- We agreed things needed to change.



A bit more about this

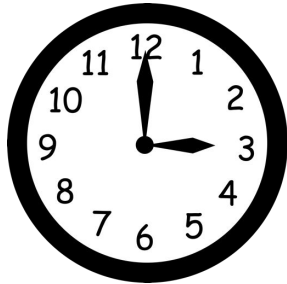
- Nottingham City Council asked a Community Interest Company called Vox to support the Partnership Board
- When Vox started in 2014 we had big Board meetings that anyone could come to
- We met self-advocates before each meeting to try to prepare, but often people would turn up with information on the day and ask what everyone thought about it
- We tried having the meetings at places like the library and day centres but nothing seemed to work well
- Self-advocates found it difficult to say what was important to them and needed more time to think about things
- Commissioners and people from services got frustrated because the Board didn't make any real decisions
- Everyone agreed things needed to change!

What we talked about at the Board



- The SAF (Self-Assessment Framework) – how good are services?
- ‘SPLAT to the future’ – how can we make meetings better

What the Board agreed



- People need more time to talk about things



- We need important people to listen to SPLAT



- To change the way SPLAT works

February 2015



Listening Day

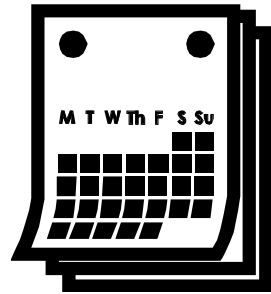
How can we
make SPLAT
better?





March 2015

The Working Group



- Agreed a plan for meetings
- Worked on the video about the 'new' SPLAT



April 2015

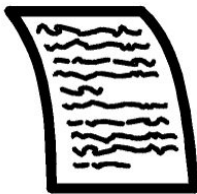


First NEW Splat Board meeting

What happened?

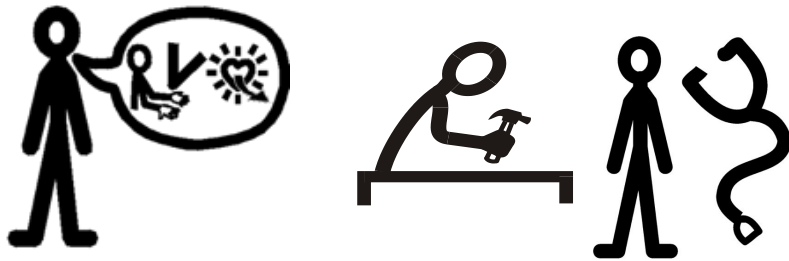


- The Board agreed the changes to SPLAT
- Nottingham City Council will use our ideas in their new plan for services





May 2015



The Listening Day

People talked about advocacy and work and health.



June 2015



The Working Group

People worked on presentations about:

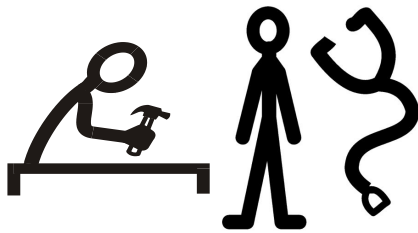
- Work and Health
- Advocacy





July 2015

The Board Meeting agreed:



- To link SPLAT to other groups talking about health and work



- Commissioners (people who plan and pay for services) will involve SPLAT when they think about advocacy services
- Have a meeting just about advocacy
- Pohwer will come to SPLAT meetings



September 2015

What information
do we need to help
us make choices?

The Listening Day





November 2015

The Working Group

People worked on a presentation about information:

What do we
need to know
To make
different
choices?



Advocacy Day



We agreed the most important ways to help people speak up





November 2015

The Board Meeting agreed:



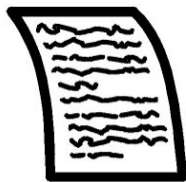
- We need important people like the police and NHS England on the SPLAT Board



- Everyone agreed with the ideas for the **Health and Wellbeing Plan**



- Rasool plans and pays for advocacy services. She will involve Splat's ideas in the new agreement for advocacy



- Splat will work on an **Information Toolkit**. This is a checklist to help services get their information right.

How are things going?

Has SPLAT:

- Involved us in planning and checking services?
- Made life better for people and their families?
- Given us clear information?
- Made sure people who make decisions listen to what is important to us?



These things are going well:

- People with a learning disability feel involved and listened to
- The Listening Days mean more people have a chance to be heard by bosses who make decisions
- It feels like we are getting more done
- The traffic light cards
- Videos, photos and creative ways of getting messages across
- Bigger range of different people coming to Board meetings –
- Involving young people from schools
- The website
- The work on advocacy
(and people seem to like the way VOX (Ken and Annie) works!)

These things could be better:

- Involve more people with a learning disability, including people in residential care or who use non-council services
- Work with carers to find the best way to give them a voice
- Autism feels like an 'add on' – look at how we can make sure Splat represents autistic people too
- Have visiting speakers
- Invite more managers of services
- Make sure everyone knows about Splat
- Pull together information on different subjects and make sure it gets to the people who make decisions
- Better rooms, timing and more breaks for Listening Days
- Only use accessible presentations and information
- More notice of agendas and things to talk about.

In the next year we should.....

- Look at the new advocacy model
- Keep talking about Safe Places and hate crime
- Talk about Transforming Care – Fast Track
- Work with commissioners when they ask about planning or changes to other services
- Work on the Self Assessment Framework
- Make sure all services know what autistic people and people with a learning disability need – ask them to tell Splat what they are doing
- Share information about places to go and things to do
- Show that autistic people and people with a learning disability can have a great life and achieve big things!

Roger Grange



At every meeting we talk about

- Advocacy
- Smile Stop Hate Crime

These things were really important to Roger.

Roger died at the end of the year and the next pages have just a few of our memories about him.

Our memories of Roger



How to find out more

Our questions to you

Do you agree with these ideas?

Is there anything else that:

- Is going well
- Could be better
- We should work on in the next year?