

Meeting Notes – 15th July 2015

Nottingham City Learning Disability
Autism Partnership Board

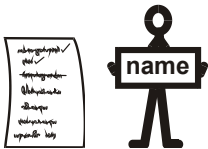


We use a paperclip symbol when there is extra information with these notes or on the SPLAT website:
<http://www.nottingham-splat.weebly.com>



Welcome

21 people came to the meeting.

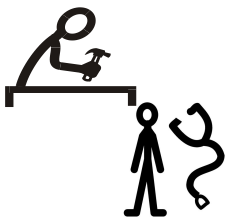


Introductions

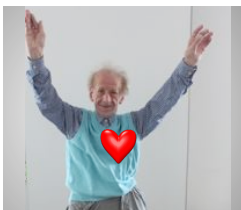
Everyone said their name and the group or organisation they speak for.



The list of people who came to the meeting and people who said they could not come.



Work and Health



Julie and Emma showed the presentation about how work can help you stay healthy.



Presentation – How work can help your health



People talked about groups looking at work and health:

- Clare Gilbert leads the new **Work Group** and wants more people with a learning disability to work for the Council
- Liz is on the **Healthy Partnerships Group** looking at how work can help people with mental health issues
- The **Preparing for Adulthood** group is looking at chances for young people to work
- **Autistic Nottingham** work with and train employers To support autistic people to get jobs.

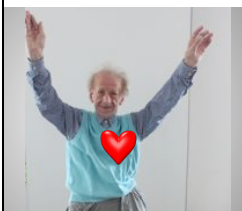


Jim said these things can stop people working:

- Getting to work (transport)
- Travel training
- Not having enough staff
- Changes to benefits.



Everyone agreed SPLAT should do more work on this:



- Liz will show Emma and Julie's presentation at the Health Partnerships Group
- Jim will join the Work Group
- Clare will get information from the different groups so the Work Group knows everything that is happening
- Clare will tell the next SPLAT Board what the groups are doing and when the work will be done.



Advocacy



Roger thinks many people with learning disabilities cannot get advocacy now. He showed the Working Group's film about Advocacy. The key messages are:

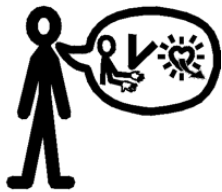
- Who provides advocacy in Nottingham City?
- What do they provide?
- How can people get it?



Video about advocacy



POhWER have a contract (agreement) with the Council to provide advocacy in Nottingham.



A small part of the contract is for 'specialist' advocacy where an advocate visits you. Some board members had asked POhWER to visit people, but they had not.

Clare Gilbert said more people get different advocacy support now.

The new contract with POWhER does not cover some of the advocacy support that people had in the past.

Most board members did not know this.

They said the Council should have told people about changes to the types of advocacy they can get.



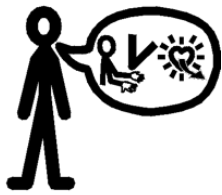
The Council is looking at advocacy for a new contract in September 2017.

There will be less money to spend and Clare would like self-advocates to help her decide the most important things people need.



Things we agreed about advocacy:

- Clare will meet James to talk about the worries people brought up at the SPLAT Board.
- Clare will give VOX information about the contract the Council has with POWhER now
- VOX will arrange a special meeting to look at the gaps in advocacy and ways people could get this support in the future
James will come to this meeting to look at how to make advocacy services better now
- James will come to SPLAT Board meetings and say how things are going.



Safe Places

Denise said lots of different places in the City are now part of the scheme. They plan to get more shops and services involved in the next 6 months.

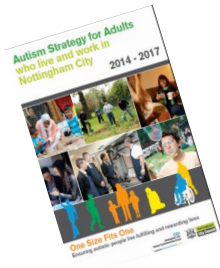
Things we agreed about Safe Places:



- SPLAT Board members will tell people about Safe Places and make sure as many people as possible join
- Members will tell Denise about places in the community they think should be part of the scheme.



Safe Places presentation



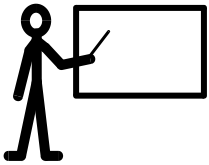
Autism Co-production Group - Update

Nikki Stevenson talked about Nottingham's **Digital Autism Strategy**. This is a plan about using things like computers to help autistic people get more involved in things in the community. It will also help them make sure Nottingham City's Autism Strategy ('One Size Fits One') works for autistic people and carers.



The Government has given Nottingham City £18,500 to spend. The digital strategy includes:

- Videos to help autistic people do everyday things. These videos will be made by autistic people
- A new autism website. This website will be designed by autistic people and carers
- Buying tablet computers to help people get information in different places in the community, like Housing Offices.



Nikki also talked about the training plan and a new e-learning package that autistic people and parent carers are looking at. This is on the council website at <http://www.nottinghamcity.gov.uk/29847>

Things we agreed about the training plan:



SPLAT members will look at the e-learning package and give comments to Ken by the end of August.



Digital autism presentation



Information Fair

Michelle Cafferkey and Micky Arnold talked about the Information Fair on 15th June.

People said it was good day and they met new people and found about services. Everyone said The Deaf Society was a really place to hold the fair.



What we agreed:

To hold another Information Fair in 2016.



Information Fair presentation



News-round



Choice Unlimited Event

Choice unlimited have a free event on 21st July at Medicity, D6 Building, Thane Road, Nottingham. There will be information, stalls and services about supporting people to be independent.



Choice Unlimited information



Mencap

Mencap has sold its café and building in the city. All services are now at Harpenden House.



Trip to Houses of Parliament

Andy Hodkin said Crocus Fields going to the Houses of Parliament on the 19th October. They have offered SPLAT places for 5 self-advocate members. And 2 supporters.

Things we agreed about the trip:



- VOX will ask people to put their name down if they want to go
- We will pull out names at the next Listening Day
- Clare Labdon-West, has taken over from Sharon Bramwell as the learning disability commissioner. She will see if she if there is money to help with this trip

Learning Disabilities Mortality Review



Trevor talked about this new review to look at why some people die too young.

The review is on-line and the link to get involved is <https://sps.onlinesurveys.ac.uk/learning-disabilities-mortality-review-programme-stakehol-2>

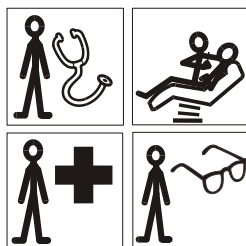
What we agreed:



Members of the Board will take part in the review and tell other people about it.



Learning disability mortality review presentation



Free Event

‘Supporting social care providers to improve the health and wellbeing of people with learning disabilities’.

9th September, at Colmore Gate, Birmingham.

There is more information at www.vodg.org.uk



The use of medicines in people with learning disabilities

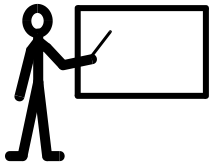
NHS England has written a report says too many people with a learning disability are given anti-psychotic and anti-depressant medicines (these are strong medicines for people with mental health problems).

Work will start on 17th July to make sure this stops.



Things we agreed:

- Trevor will give an update at the next SPLAT Board
- SPLAT Members will look at the report and letter at: <http://www.england.nhs.uk/2015/07/14/urgent-pledge>



Free training for unpaid carers

Personal Assistants and unpaid carers can go on Percurra's staff training.

There will be a free place for 1 unpaid carer on each training course (a family member, friend or neighbour who supports someone who is over 18 years old).



Next SPLAT Board Meeting

Wednesday 25th November

12.30 – 3.30pm

The Council House



Please email Ken to find out more:
ken@voxcommunityinterest.org

07814 712367



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Nottingham
City Council

NHS
Nottingham City
Clinical Commissioning Group